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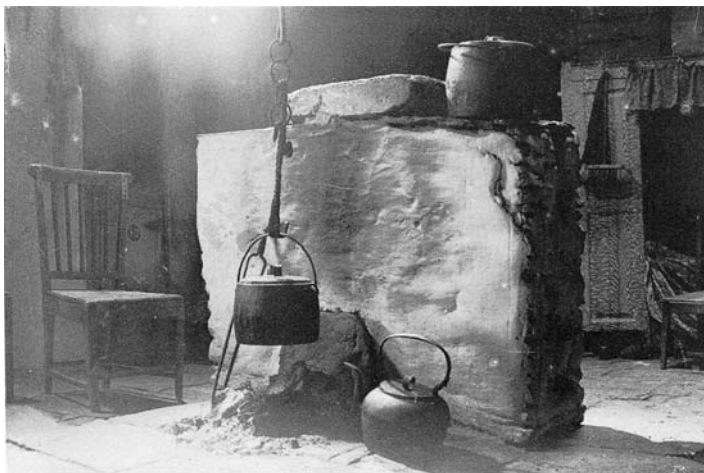
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History of the kitchen

Designing kitchens necessitates the integration of functional requirements, together with spaces which are pleasant to work in. Before analysing these needs it is worth looking back in time to see the antecedents of the modern kitchen. This will help to articulate and clarify the different activities needed to prepare complex meals and to realise how radically modern technology has reduced both the space and manpower needed to achieve this.

Early kitchens

The earliest kitchens, all over the world, are simply open fires, most often out of doors which is still so today in countries with a climate hot enough all the year round to make this possible.



Central hearth with reredos in a croft Birsay in Orkney